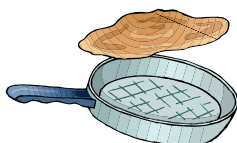


Farmhouse Breakfast Competition



Scottish Borders Countryside Initiative are once again running a competition in conjunction with HGCA Farmhouse Breakfast Week and Scottish Borders Council. The following competition is for **Primary 4-7 children**.

The Competition—Egg Chefs Wanted

Can you produce an egg recipe booklet containing lots of tasty, healthy recipes? The recipe booklet should be illustrated and with an introduction containing general information about eggs.

Points to consider:

- Are eggs healthy?
- How are eggs produced?
- Do all eggs come from hens?
- Labelling on eggs boxes.
- Try some of the recipes and report the class favourite.

Entries should be in the format of a recipe booklet (any size). You may like to consider selling this as an enterprise project. The booklet should be produced by the whole class with different pupils or groups being responsible for different sections. Good luck!

Great Prizes

The four winning entries will win a healthy breakfast cooked by RHET for their class. The winning schools will receive £50 in book tokens, and the overall winning school will receive an additional £100. Each winning class will receive a free farm visit.

Contact Details

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How to Enter

- Class entries should be in the format of a recipe book.
- School, class and teachers name printed on the entry
- All entries to be sent to Lesley Mason
- **The closing date for entries is the 31st Jan 2012**
- Prizes presented at end of Feb 2012 – where 2 representatives from the class will be asked to attend