



RHET

The Royal Highland Education Trust

Patron HRH The Princess Royal

Reindeer Food Project

The Reindeer food project, aims to introduce pupils to farming, they will learn

1. How farmers grow food for us and other animals.
2. Food grown locally is better for you and the planet.
3. If you eat the right food, you will grow strong and healthy
4. To follow a simple recipe to create a present for magic animals.





Hamish the 10th Reindeer



Hamish is a four year old Shetland pony, he wants to help Santa...

When he was a baby foal, he said to his Mum “**when I grow up I want to be a Reindeer**” he learned to run fast..



Hamish started school when he was 3, he had to wear a harness, so he could pull the sleigh. He even tried to fly....

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Hamish wrote his letter to Santa.
“Please can I be one of your
Reindeer.....”



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An email came back from Santa it said.. **“To work for me you must be 6 years old, and be fit and strong”**

So Hamish would have to wait for 2 whole years. Are you old enough to work for Santa?



Hamish knew he would need to eat the right food to grow big and strong. He decided to asked a farmer ...”**What makes reindeer so strong and fast”**

Reindeer food and how it grows

Hamish learned how a farmer looks after the animals, grows food to makes them become fit and strong.

Reindeer are used to
pull Santa's Sleigh

They live at the North
Pole in Alaska and
northern Canada

Reindeer what do they eat ?



Santa has farmer elves to look after his reindeer. What other animals would you find on a farm?



In the North Pole and other cool countries it is very snowy in the winter. Is Scotland a cool country ?

Reindeer what do they eat ?

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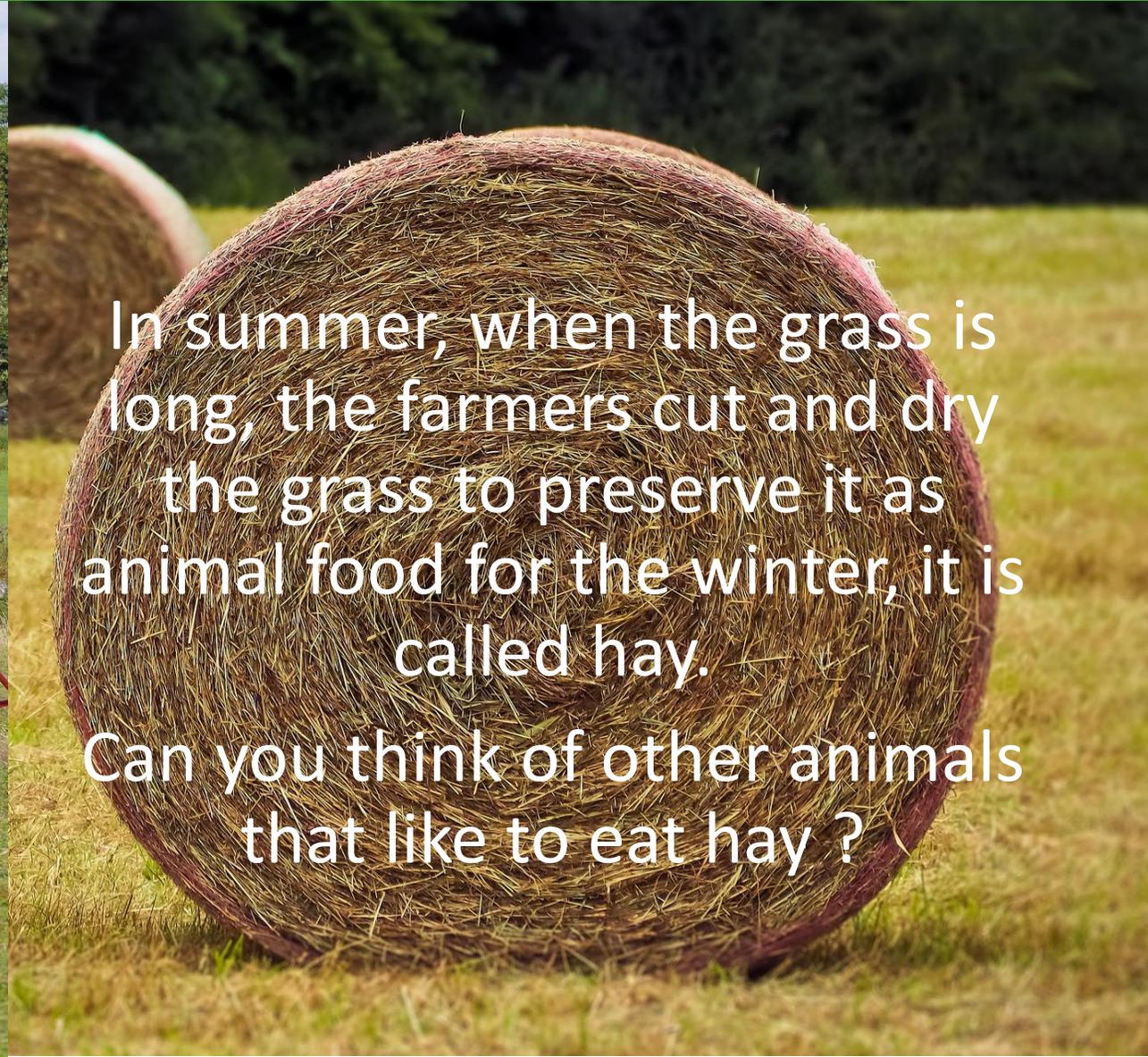


In Spring and Summertime, the reindeer eat fresh grass.

In winter they eat lichens, especially reindeer moss

What are the seasons of the year ?

Reindeer what do they eat ?



In summer, when the grass is long, the farmers cut and dry the grass to preserve it as animal food for the winter, it is called hay.

Can you think of other animals that like to eat hay ?

Reindeer what do they eat ?

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Reindeer need a lot of energy to travel the whole way round the world, so as well as hay the farmers grow oats.

Oats keep the reindeer warm and gives them lots of energy, they are good for you too.

When do you eat oats?



Oats grow really well in Scotland, the farmers harvest them with a combine harvester. Have you ever seen a real combine harvester ?

Reindeer what do they eat ?

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Santa gives his reindeer popcorn, so they can take off into the sky.

Popcorn is made from corn on the cob

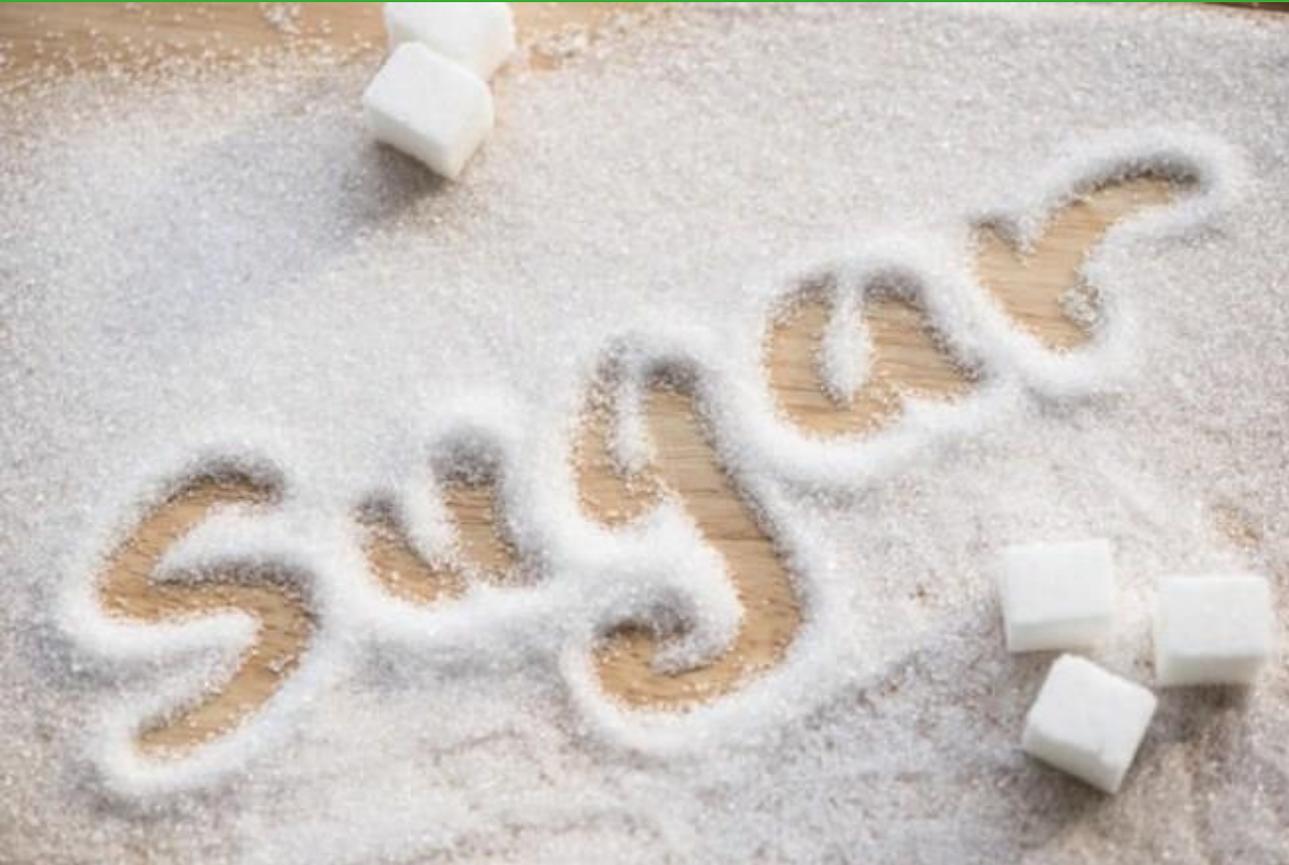


Corn on the cob is grown on farms too.

It comes from a very tall plant and is also harvested with a corn picker.



Reindeer what do they eat ?



The elves, like all farmers love to give their animals a treat. Just a little bit of sugar.

Even sugar comes from a farm, it looks like a funny turnip in the field.

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Enjoy
making your
special bag
of food,
don't forget
the
Krispie wish.



The Recipe

- 1 handful of hay
- 1 spoonful of oats
- 1 pinch of sugar
- 3 popcorn
- 2 Krispies
- (with wishes inside)

Want to know more?

Visit www.rhet.org.uk for more information