

Reindeer Dust



The Royal Highland Education Trust

Patron HRH The Princess Royal

RECIPE

WHAT YOU WILL NEED

- 1 handful of hay (available from B&M, pets at home)
- 1 tablespoonful of oats
- 1 pinch of sugar
- 3 popcorn (you can either buy ready to eat popcorn or pop your own*)
- 2 Krispies (with wishes inside)
- Paper bags
- Crayons/coloured pencils
- Scissors
- Tablespoons
- Bowl

*If you are popping your own corn kernels you will also need a saucepan with a tight fitting lid, a splash of cooking oil and access to a hob.

ADVICE/ALLERGIES

Hay can be dusty - check for allergies/asthma concerns.

All the ingredients are edible however, it is advisable to ensure children are aware they are making reindeer food and shouldn't eat the ingredients.

HOW TO MAKE IT

Follow these simple steps to put together your reindeer food:

1. Each child gets one paper bag and they can decorate this, using the crayons/coloured pencils (avoid pens as they go through the paper)
2. Once decorated the bag is ready for the following ingredients to be added:
 - A handful of hay, chopped into small pieces using scissors
 - A tablespoon full of oats
 - A pinch of sugar
 - 3 pieces of popcorn
 - And last to be added are 2 Krispies (the children can put Christmas wishes inside these)
3. Once all the ingredients are in the bag, they should be given a gentle shake (not too hard or the Krispie wishes may be broken).
4. The top of the bag can then be rolled over to keep the dust safe until it is ready to use.

All the ingredients are biodegradable, so the dust can safely be sprinkled outside. The paper bag can then be recycled.